



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May is National Arthritis Awareness Month, Mental Health Awareness Month, and Women's Health Awareness Month.			1 6:00 PM Xtreme Hip Hop Step Intermediate (CK) 7:00 PM Caribbean Beatz (CK)	2 6:00 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	3 STUDIO CLOSED	4 10:00 AM MixxedFit (CJ)
5 STUDIO CLOSED	6 6:00 PM Xtreme Hip Hop Step Beginner (CK) 7:00 PM Commit (CK)	7 6:00 PM Zumba (PE) 7:00 PM FIT Bootcamp (CK)	8 6:00 PM Xtreme Hip Hop Step Intermediate (CK) 7:00 PM Caribbean Beatz (CJ)	9 6:00 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	10 STUDIO CLOSED	11 10:00 AM MixxedFit (CK)
12 STUDIO CLOSED Mother's Day 	13 6:00 PM Xtreme Hip Hop Step Beginner (CK) 7:00 PM Commit (CK)	14 6:00 PM Zumba (CK) 7:00 PM FIT Bootcamp (CK)	15 6:00 PM Xtreme Hip Hop Step Intermediate (CK) 7:00 PM Caribbean Beatz (CK)	16 6:00 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	17 STUDIO CLOSED	18 
19 STUDIO CLOSED	20 6:00 PM Xtreme Hip Hop Step Beginner (CK) 7:00 PM Commit (CK)	21 6:00 PM Zumba (PE) 7:00 PM FIT Bootcamp (CK)	22 6:00 PM Xtreme Hip Hop Step Intermediate (CK) 7:00 PM Caribbean Beatz (CJ)	23 6:00 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	24 STUDIO CLOSED	25 10:00 AM MixxedFit (CJ)
26 STUDIO CLOSED	27 STUDIO CLOSED Memorial Day 	28 6:00 PM Zumba (CK) 7:00 PM FIT Bootcamp (CK)	29 6:00 PM Xtreme Hip Hop Step Intermediate (CK) 7:00 PM Caribbean Beatz (CK)	30 6:00 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	Fitness Journeys have a feeling of isolation. Fit For a Purpose takes you from isolation to community , feeling comfortable and confident to live a purposeful life! Color Legend <i>We offer morning and evening classes. Special Events are listed in pink!</i>	